



Sunday, July 28th

This morning at 11am ...

- Psalm 68
- Genesis 2:1-3 - The weekly Sabbath
- This morning we begin a new Sunday morning series called "Give it a rest!" We will look at the biblical pattern of balance between work and rest and see how it applies to life, from beginning to end.

This evening at 5:30 pm ...

As in years past, on the last Sunday evenings of the summer months, we will have a family movie night **instead of our regular evening service**. We begin with supper at 5:30, and then a movie that will capture both our imagination and our spiritual reflection. The movie this evening is *The Pilgrim's Progress* - animated version of John Bunyan's classic adventure novel about Christian learning that much perseverance is needed in our daily walk for the Lord!

Midweek Bible Studies

The Ladies Zoomers Bible Study and the Wednesday evening prayer and Bible study are now on summer break and will return part way through the month of August. Watch for the dates in the bulletin.

Give it a rest!!!

New Sunday morning series beginning July 28th

- Does God really think we still need a break once a week?
- What about unplanned downtime when I'm sick or jobless?
- Does God care where I go on holiday?
- Can Christians ever retire?
- What about giving my bank account a sabbath?
- If Jesus told us to come to Him for rest, why is all that church work is so stressful?

Saturday, August 3rd

CDN Quick Clean Up & Maintenance Day

We have a few jobs accumulated inside and outside the building for which we could use a few extra set of hands. Join us at 9am, we should be done well before noon!

CDN Session Meeting

The next elders' meeting has been rescheduled to Saturday, August 17th at 10am on zoom.

Donations can be forwarded through the Canada Helps website...
www.canadahelps.org/en/charities/cote-des-neiges-presbyterian-church/

Questions? Comments? Prayer requests? Pastoral concerns?
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