

# CDN This Week



## Communion Sunday, August 4th

This morning at 11am ...

- Psalm 69
- 2 Kings 20:1-11 - The Unplanned Sabbath  
We are continuing our new Sunday morning series called "Give it a rest!!!" about applying the principles of rest and Sabbath in our lives.
- Communion
- Join us for refreshments after the morning service

This evening at 7 pm ...

- Psalm 28
- Revelation 11:15-19 - The Seventh Trumpet

## Midweek Bible Studies

The Ladies Zoomers Bible Study and the Wednesday evening prayer and Bible study are now on summer break and will return part way through the month of August. Watch for the dates in the bulletin.

## Operation Backpack



In collaboration with Dr Julien's clinic here in our neighbourhood, we are preparing 20 backpacks for young 4yr olds from immigrant and refugee families who will be starting prekindergarten in September. See the poster for details of the materials needed, or help with a donation through the benevolent fund. Donations and contributions would be appreciated by Sunday, August 11th.

## Give it a rest!!!

New Sunday morning series beginning July 29th

- Does God really think we still need a break once a week?
- What about unplanned downtime when I'm sick or jobless?
- Does God care where I go on holiday?
- Can Christians ever retire?
- What about giving my bank account a sabbath?
- If Jesus told us to come to Him for rest, why is all that church work is so stressful?

## CDN Session Meeting

The next elders' meeting has been rescheduled to Saturday, August 17th at 10am on zoom.

Donations can be forwarded through the Canada Helps website...  
[www.canadahelps.org/en/charities/cote-des-neiges-presbyterian-church/](http://www.canadahelps.org/en/charities/cote-des-neiges-presbyterian-church/)

Questions? Comments? Prayer requests? Pastoral concerns?  
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